

Bread Descriptions and Ordering – Fall 2023

The Fall CSB begins October 5th and runs 6 weeks.

Print this page, indicate which subscription(s) you prefer, and return it with a check payable to “Companion Breads” to: 441 Juniper Street, Mahtomedi, MN 55115 by Tuesday, September 26th.

To insure your order please send me an email as soon as possible indicating your order. Subscriptions can fill up before I receive your check. To indicate your order or if you have questions email Bryce Johnson at bryce@companionbreads.com.

___ BREAKFAST BREADS (\$48)

- Craisins & Walnut Levain – a traditional French sourdough chockful of craisins and walnuts.
- English Muffin Toasting Bread - just like it says, English Muffins in a loaf. Delicious.
- Golden Raisin Wheat – this long fermented whole wheat loaf is filled with lots of golden raisins.
- And more...

___ WHOLE GRAIN BREADS (freshly milled local grains from Bakersfield in Mpls.) (\$48)

- Country Wheat – 100% high-extraction Minnesota flour and naturally leavened.
- Sunflower Flaxseed Sourdough – a whole grain sourdough with toasted sunflower and flax seeds.
- Hippie Bread (aka Seeded Wheat) – This recipe comes from a baker whose father said, “any bread made with this many seeds is for hippies.” A whole grain sourdough sweetened with maple syrup and loaded with a variety of seeds.
- And more...

___ HERITAGE GRAIN BREADS (the primary ingredient in each variety is Turkey Red, Spelt, Red Fife Einkorn, or Rye) (\$52)

- Heritage Honey Loaf – a pan loaf made with Red Fife sifted flour and a touch of honey. Red Fife is an organic heritage red wheat which first came from Scotland to the US in 1842.
- Drunken Fig – a whole wheat sourdough bread enhanced with wine marinated figs and a touch of buckwheat flour.
- Miche - a 3.5 lb. sourdough loaf divided in half featuring Red Fife and Emmer flour.
- And more...

___ Every Other Week Subscription (smaller households can benefit from the “Every Other Week” subscription plan which includes 2 loaves over the 4-week period)

___ Breakfast Breads (\$25)

___ Whole Grain (\$25)

___ Heritage Grain (\$27)

Name _____

Email _____

Amount enclosed: _____

***Mail to: “Companion Breads” 441 Juniper Street, Mahtomedi, MN 55115 by Tuesday,
September 26th.***