

Bread Descriptions and Ordering – Fall 2021

The fall CSB begins September 23rd.

Pick up will be at our home: 441 Juniper Street in Mahtomedi on Thursdays from 4 to 6 PM.

___ BREAKFAST BREADS (\$42)

- Craisin & Walnut Levain – a traditional French sourdough chockful of raisins and walnuts
- Seeded Semolina - a full-flavored savory bread; the dough begins with semolina flour, cornmeal and millet, it's then rolled in poppy, sesame and fennel seeds just before baking.
- Golden Raisin Wheat – this long fermented whole wheat loaf is filled with lots of golden raisins. Tastes great all alone or for morning toast.
- Challah - a traditional Jewish bread, a braided white bread enriched with eggs.
- and more...

___ WHOLE GRAIN BREADS (freshly milled local grains from Bakersfield in Mpls.) (\$42)

- Country Wheat – a favorite; 100% high-extraction Minnesota flour, naturally leavened
- Hippie Bread (aka Seeded Wheat) – This recipe comes from a baker whose father said, “any bread made with seeds was for hippies.” A whole grain dough sweetened with maple syrup and loaded with a variety of seeds, for all kinds of people.
- Rustic Ciabatta - a classic Italian bread; this version with roasted walnuts.
- Stout Molasses Rye – a hearty whole grain wheat and rye loaf made with Guinness Stout.
- and more...

___ HERITAGE GRAIN BREADS (the primary grain in each bread is Red Fife, Spelt, Einkorn) (\$48)

- Heritage Honey - a pan loaf made with Turkey Red sifted flour and a touch of honey
- Einkorn Sourdough – humanity’s first cultivated grain; this is whole grain with a sweet and slightly nutty flavor
- Drunken Fig Rye - a whole grain sourdough bread enhanced with wine marinated figs and a touch of buckwheat flour
- Miche - the traditional market bread. A 3-pound loaf divided in half featuring Red Fife, Turkey Red and Emmer flour
- and more...

EVERY OTHER WEEK SUBSCRIPTION

Smaller households can benefit from the “Every Other Week” subscription plan which includes four loaves over the 8-week period. (\$23 - \$26)

___ Breakfast EOW (\$23)

___ Whole Grain EOW (\$23)

___ Heritage Grain EOW (\$26)

Name _____

Email _____

Amount enclosed: _____

Indicate which subscription(s) you prefer, print this page and return it with a check payable to “Companion Breads” to: 441 Juniper Street, Mahtomedi, MN 55115 by Thursday, September 9th. If you want more information, contact Bryce Johnson at bryce@companionbreads.com.